

Safety Briefing - Aide Memoire

General

- Heads
- Seasickness
- Medication (sealed envelope in chart table)
- Safety first

Below Decks

- Location of first aid kit
- How to Send distress message VHF & DSC
- Use of life jackets, safety harnesses, jack-stays
 - Useless if not worn
- Man over board procedure
 - Crash Tack
 - Shout
- Gas safety
 - Use of cooker & cut-off switch, location of bottles
- Location of fire extinguishers
 - Access to extinguish engine fires
- Through Hull fittings
 - Location of bungs

Above Decks

- Jack-stays, strong points
- How to start/stop the engine
 - Line check first
 - Water out
- Location of life raft & launching process, location of grab bag
- Location and use of flares

Questions?

Overview of the Itinerary